

October
2024

MONTGOMERY MESSENGER

Volume 1
Issue 7

The official newsletter of the Montgomery Legion
Ottawa's Centertown Legion

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Pay next year's dues between September 1st and November 30th,

By doing so, you'll support your branch and help make the processing of renewals go smoothly. Also, you'll ensure continuous delivery of your "Legion Magazine", enjoy your branch privileges and maintain your years of continuous service.

From The President's Desk

Robert Buss, CD

Wow, summer has come and gone, and fall is upon us. With that comes the Poppy Campaign which starts October 25th and runs to November 11th. To ensure a successful campaign we need volunteers. Drivers and jumpers to deliver and collect the Poppies to and from local businesses and establishments and volunteers to campaign at venues like Billings Bridge Plaza, Farm Boy, and Walmart in South Keys. A successful campaign ensures we have the funds necessary to continue supporting Veterans in our area and to continue the student Bursary Program.

I am happy to announce that 4 members have volunteered to serve on the executive. Michael Kostiuk is now Cadet Liaison, Luc Chrétien is now Membership chair and Bar Liaison, Andre Ouellette who does our website and newsletter is now PRO/Member Communication and Dean McCuaig who does our Facebook and X is now PRO/Multimedia. I would personally like to thank them for stepping up. We are still in need of a Treasurer and Secretary.

We were able to secure a loan for \$125,000.00 from Branch 11, that has allowed us to consolidate our debts into one monthly payment. To date we have paid off the CERB loan from Ontario Command, the outstanding debts to TKE elevator, Sage, and Total Fire. We are awaiting invoices from the lawyer handling the CDL lawsuit and from our insurance company. This has helped alleviate some of the financial pressure we were under.

As mentioned at the last General Meeting Dennis Sirman has agreed to continue as the chair of the committee to select a real estate agent and to move forward with selling the building. We did receive an unsolicited offer from the Khadamat Community and Resource Centre which is currently leasing the basement. However, it was rejected as it was incomplete, poorly written, and well below the appraised value. We have had further discussions with them as they are anxious to buy the building. I will keep you apprised of any further developments.

Our annual inspection is coming up on October 23rd and we need to get our year end and financial review completed. Unfortunately, our accountant retired so we are actively looking for someone who is Sage qualified and reasonably priced to complete the work.

I encourage you to visit our website, check the calendar for upcoming meetings and events and check out the new link that will connect you with news and information from the various commands.

Poppy Campaign



Every year, from the last Friday of October to November 11, millions of Canadians wear a Poppy as a visual pledge to honour Canada's Veterans and remember those who sacrificed for the freedoms we enjoy today.

The Poppy is distributed freely to all who wish to wear one, and the Legion gratefully accepts donations to the Poppy Fund.

Donations collected during the Poppy Campaign are held in Trust at the branch level to directly support Veterans and their families within their community and to help ensure Canadians 'never forget'.

For Montgomery's Poppy Campaign to be successful, we depend on volunteers. There are a number of jobs to fill. We would love to have you join our team. If you have some time to spare and would like to help with this year's campaign, please contact us for additional details.

Call 613-233-7292 or E-mail rcl351@rogers.com

General Meetings at Montgomery.

- October 6; 2024
- November 10, 2024
- February 9, 2025
- March 9, 2025
- April 13, 2025
- May 11, 2025
- June 8, 2025
- All general meetings are at 2 pm

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WEDNESDAY NIGHT DART LEAGUE

THE LEGION - BRANCH 351
HAVE FUN AT THE 351
330 KENT STREET

SEASON 2024/2025

BEGINS: SEPTEMBER 4, 2024
ENDS: APRIL 30, 2025

PLAY STARTS AT 7PM

\$5.00 PER NIGHT

STRAIGHT IN AND DOUBLE OUT
5 GAMES OF 501

50/50 DRAW

\$5.00 FOR 10 TICKETS

QUARTER FUND - PAID OUT TO PIZZA NIGHTS AND SUPPLIES PAPER, INK, ETC.
WHEN YOU SHOOT BELOW 25
PAY A QUARTER TO THE POT

END OF SEASON GATHERING: MAY 7, 2025
WITH PRIZES AND FUN

YOU MUST ATTEND A MINIMUM OF 8 NIGHTS FOR PRIZING
ONLY ONE BONUS PRIZE IS AWARDED PER PERSON

SHOW UP FOR A FUN EVENING OF DARTS. ALL SKILL LEVELS ARE WELCOME.

ORGANIZERS

DONNA MURRAY
TREENA MACKINNON



@ Montgomery Branch 351

330 Kent St.
Ottawa, ON
K2P 2A6

Starting Tuesday October 15, 2024

Every Two Weeks

Registration 12:00pm

Play starts at 1:00pm

\$5.00

All Money Returned

50/50 Draw

Open to Members and the Public

Contact H. Morris – 613-224-8567

Legion – 613-233-2310

Ottawa Senators - Honouring Veteran Program

The Ottawa Senators and Lepine Apartments have renewed their offer of honouring a Veteran at each of the 2024/25 season Senators' home. All Veterans, serving or retired are eligible.

Details and the nomination process can be found on this [Nomination Form](#).

Ottawa Senators Royal Canadian Legion Special Ticket Offer

We are pleased to offer savings on game tickets for the 2024-25 season for employees, friends, and family!

Additional information can be found at: <https://fevo-enterprise.com/group/legion25>.

National Legion Week

Dean McCuaig
PRO/Multimedia

In honour of the just-ended National Legion Week, I want to tell you of the important role that Legions play in our communities. Legions are a community resource that provide Veterans and their families with a place where they belong, where they are recognized, and where they are remembered for their contributions to this great country. It is also a place where members of the community can participate in recognizing, supporting, and remembering the contribution of Veterans and their families. There is a spot for anyone who wants to support Veterans. Everything we do, must in some way lead back to supporting Veterans.

I am an example of a civilian who supports my Legion and honours Veterans. My uncle served. He was first posted to the Rockcliffe Air Base here in Ottawa, and he had a long and happy career in the military. My story is not uncommon. Many of us do not have to look too far into our family trees before we find our military connection. Legions play a vital role in providing Veterans with a place to gather, a place to belong, a place to connect with other Veterans, and a place to remember all that has been done by Veterans to contribute to our community and country.

I volunteer at the Montgomery Legion handling the social media accounts. One of the tag lines I like to use is "Everyone is welcome. We support our Veterans." The reason I do that is to emphasize that everyone is welcome at the Montgomery Legion who understand that our purpose is to support our Veterans. We honour our Veterans and we welcome all others who want to do the same.

The Montgomery Legion currently has a number of vacancies on the Executive. This is an opportunity to participate in strengthening the role that the Montgomery Legion plays in the community. Please consider joining the Executive. Please click here to see which Executive positions are currently vacant. <https://www.montgomerylegion.ca/exec.html>. If you are interested in learning more about joining the Executive, please contact Robert Buss, the President at president@montgomerylegion.ca.

Online Grief Peer Support Group for Veterans

Free Online Grief Peer Support Group for Veterans



Do you know a veteran of the Canadian Armed Forces or RCMP who has experienced a loss, whether related to death, relationships, identity, or transitioning out of service?

An 8-week online support group for veterans, co-facilitated by a veteran and a grief coach, is taking place this fall.

To learn more or apply to participate visit: <https://forms.gle/CG55htWznCJ5a3F56>. This group is being coordinated by Canadian Virtual Hospice as part of a project funded by the Veterans Affairs Canada Well-Being Fund.

Canadian Veterans' Crisis Line 800-273-8255

Montgomery Branch Service Officer Bruce Kane

Phone 613-233-1611 - Fax:1-613-565-1902 - E-mail: rcl351@rogers.com

HMCS KOOTENAY

Restigouche-Class Destroyer

Accident at Sea



HMCS Kootenay was a destroyer in the Canadian Navy. In 1969, an accident at sea killed 9 sailors and injured 53 others. It was the worst peacetime disaster in the history of the navy.

On the morning of October 23, 1969, HMCS KOOTENAY was exercising in UK waters with a Canadian Task Group consisting of HMC Ships BONAVENTURE, TERRA NOVA, FRASER, ST. LAURENT, OTTAWA, ASSINIBOINE, MARGAREE, and SAGUENAY.

At 0821, the temperature in the starboard gearbox reached a critical level (estimated at 650 degrees C) and the gearbox exploded, sending a fireball forward in the engine room and up through both engine room hatches into the main flats (main fore-aft passageway), also named Burma Road. Smoke immediately filled the ship. Orders were given to close the throttles and evacuate the engine room.

HMCS Kootenay Casualty List

- Leading Seaman Pierre S. Bourret
- Leading Seaman Thomas Gordon Crabbe
- Petty Officer Eric George Harman
- Ordinary Seaman Michael Alan Hardy
- Chief Petty Officer Vaino Olavi Partanen
- Chief Petty Officer William Alfred Boudreau
- Leading Seaman Gary Wayne Hutton
- Ordinary Seaman Nelson Murray Galloway
- Petty Officer Lewis J. Stringer

Read more:

http://www.forposterityssake.ca/Navy/HMCS_KOOTENAY_258.htm

<https://www.hazegray.org/navhist/canada/postwar/restigou/kootenay-explosion/>

<https://www.thecanadianencyclopedia.ca/en/article/hmcs-kootenay-disaster>



Happy Thanksgiving!

October 14th, 2024

Roast Turkey



Ingredients

- 1 (18 pound) whole turkey
- 8 cups prepared stuffing
- ½ cup unsalted butter, softened, salt and freshly ground black pepper to taste
- 1 ½ quarts turkey stock, divided

Directions

Gather all ingredients. Preheat the oven to 325 degrees F (165 degrees C). Place a rack in the lowest position of the oven.

Remove turkey neck and giblets. Rinse turkey and pat dry with paper towels, and place breast-side up, on a rack in a roasting pan. Loosely fill turkey cavity with stuffing. Rub skin with butter, then season with salt and pepper.

Pour 2 cups of turkey stock into the roasting pan. Loosely tent turkey with aluminum foil, and roast turkey for 2 ½ hours, basting with pan juices every 30 minutes. When drippings evaporate, add remaining stock to the pan, 1 to 2 cups at a time.

Remove foil and continue roasting until a meat thermometer inserted in thickest part of thigh reads 165 degrees F (75 degrees C), about 1 ½ hours more.

Transfer turkey to a large serving platter. Let stand for 20 to 30 minutes before carving.

Serve and enjoy!

Old Fashioned Stuffing



Ingredients

- 30 slices white bread, lightly toasted
- 2 tablespoons butter
- 1 large onion, finely chopped
- 2 stalks celery, finely chopped
- 2 cups chicken broth
- 2 large eggs, lightly beaten
- 2 tablespoons water, or as needed (Optional)
- 2 teaspoons rubbed sage
- 1 teaspoon garlic powder
- salt and ground black pepper to taste

Directions

1. Spread toasted bread slices on baking sheets and let sit out at room temperature until hard, about 24 hours.
2. Once bread slices are ready, gather all ingredients.
3. Preheat the oven to 325 degrees F (165 degrees C). Lightly grease a 9x13-inch baking dish.
4. Crush bread slices into crumbs with a rolling pin. Transfer crumbs to a large bowl.
5. Melt butter in a medium saucepan over medium heat. Stir in onion and celery; cook and stir until soft, 5 to 7 minutes. Remove from heat and drain.
6. Add chicken broth and eggs to bread crumbs; mix until combined and moist, but not mushy. Add water, if necessary, to attain desired consistency. Mix in cooked onion and celery, sage, garlic powder; season with salt and pepper.
7. Press dressing mixture into the prepared baking dish.
8. Bake in the preheated oven until the top is brown and crisp, about 1 hour.

Serve hot and enjoy!

Perfect Pumpkin Pie

Ingredients

- 1 (15 ounce) can pumpkin puree
- 1 (14 ounce) can Eagle Brand Sweetened Condensed Milk
- 2 large eggs
- 1 teaspoon ground cinnamon
- ½ teaspoon ground ginger
- ½ teaspoon ground nutmeg
- ½ teaspoon salt
- 1 (9 inch) unbaked pie crust

Directions

1. Gather all ingredients and preheat the oven to 425 degrees F (220 degrees C).
2. Whisk pumpkin puree, condensed milk, eggs, cinnamon, ginger, nutmeg, and salt together in a medium bowl until smooth.
3. Pour into crust. Bake in the preheated oven for 15 minutes.
4. Reduce oven temperature to 350 degrees F (175 degrees C) and continue baking until a knife inserted 1 inch from the crust comes out clean, 35 to 40 minutes. Let cool before serving. Enjoy!



Canadian Soldiers

Canada in the Boer War

The South African War (1899–1902) was Canada's first foreign war. Also known as the Boer War, it was fought between Britain (with help from its colonies and Dominions such as Canada) and the Afrikaner republics of Transvaal and the Orange Free State. Canada sent three contingents to South Africa, while some Canadians also served in British units. In total, more than 7,000 Canadians, including 12 nurses, served in the war. Of these, approximately 270 died.

The war was significant because it marked the first time Canadian troops distinguished themselves in battle overseas. At home, it fuelled a sense that Canada could stand apart from the British Empire, and it highlighted the French-English divide over Canada's role in world affairs — two factors that would soon appear again in the First World War.

Read more: <https://www.thecanadianencyclopedia.ca/en/article/south-african-war>



V O L U N T E E R

*All that's missing is **U**!*

Legionnaires comprise one of the largest volunteer bases in the country, committing millions of volunteer hours each year. Through its local Branches and members, the Legion raises funds and supports essential services for those in need, and responds to the unique needs of their community.

Contact us if you can help

Phone 613-233-1611 - Fax:1-613-565-1902 - E-mail: rcl351@rogers.com



The Royal Canadian Legion honours the peoples and land of all First Nations, Métis and Inuit peoples and their valuable past and present contributions to this land.